



CEDAR LODGE  
FOREST CARE

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# Sample Breakfast Menu

## Your choice of Cereals

Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

## Fruit of your choice

Prepared Fresh Fruit, Grapefruit or Prunes

## Porridge

Served with Honey, Sultanas, Coconut or Jam

## A Full English Breakfast

Grilled Bacon, Eggs - Fried, Boiled, Poached or Scrambled  
Grilled Sausage, Tomato, Mushrooms, Baked Beans

## Toast & Preserves

Sliced white or brown with fruit jams, marmalade or marmite, flora or butter

## Beverages

Fruit juice, tea, coffee or hot chocolate

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At Forest Care we strive to create a **luxury dining experience** for each of our residents and relatives. If you would like a private dining space for a special occasion, please speak to the office team who will be delighted to accommodate your needs.

If you have specific allergy or dietary requirements, please make our chefs aware who will ensure food served is suitable for your needs.



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## Sample Lunch & Supper Menu

### Lunch Menu

Slow Braised Lamb Stew  
served with sautéed potatoes and hearty vegetables  
Mediterranean Stuffed Portobello Mushroom  
served with crispy Melba toast

### Dessert

Sticky Sponge  
Treacle or ginger sponge with vanilla custard  
Roulade  
Black forest roulade with berries and cream

### Supper Menu

Soup of the Day  
Choice of Sandwiches  
Seasonal Savoury Tart or Quiche  
Jacket Potato with choice of fillings  
Salad Selection

Cake Selection

### Beverages

Your Choice of  
Selection of Fruit Juices  
Tea and Coffee  
Red Wine (Merlot) or White Wine (Sauvignon Blanc)

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