

Sample Breakfast Menu

Your choice of Cereals Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

> Fruit of your choice Prepared Fresh Fruit, Grapefruit or Prunes

Porridge Served with Honey, Sultanas, Coconut or Jam

A Full English Breakfast Grilled Bacon, Eggs - Fried, Boiled, Poached or Scrambled Grilled Sausage, Tomato, Mushrooms, Baked Beans

Toast & Preserves Sliced white or brown with fruit jams, marmalade or marmite, flora or butter

> Beverages Fruit juice, tea, coffee or hot chocolate

At Forest Care we strive to create a luxury dining experience for each of our residents and relatives. If you would like a private dining space for a special occasion, please speak to the office team who will be delighted to accommodate your needs.

If you have specific allergy or dietary requirements, please make our chefs aware who will ensure food served is suitable for your needs.



Sample Lunch & Supper Menu

Lunch Menu

Beef Stew Diced beef steak slow cooked in wine gravy, served with herb dumplings

Fish Mornay

Smoked haddock fillets baked in a cheese and parsley sauce, served with creamy mashed potato, buttery green beans and glazed diced carrots

Dessert

Banoffee Pie Sticky Sponge Treacle or ginger sponge with vanilla custard Roulade Black forest roulade with winter berries and cream

Supper Menu

Soup of the Day Choice of Sandwiches Honey Glaze Ham and Eggs

> Chocolate Eclair Cake Selection

Beverages

Your Choice of Selection of Fruit Juices Tea and Coffee Red Wine (Merlot) or White Wine (Sauvignon Blanc)

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