



# FOREST CARE

CARING SINCE 1981

# Newsletter

## SUMMER 2024

Welcome to our latest newsletter which highlights some of the wonderful activities, events and celebrations taking place across our Forest Care homes. Congratulations to Holly Lodge who won our 'Love your Garden' competition! Thank you to all our homes for creating beautiful, relaxing and interactive outdoor spaces for our residents to enjoy. On the back page there's a delicious recipe to try at home, feedback from our residents' families and a sneak-peek at our brand new care home Elm Lodge!

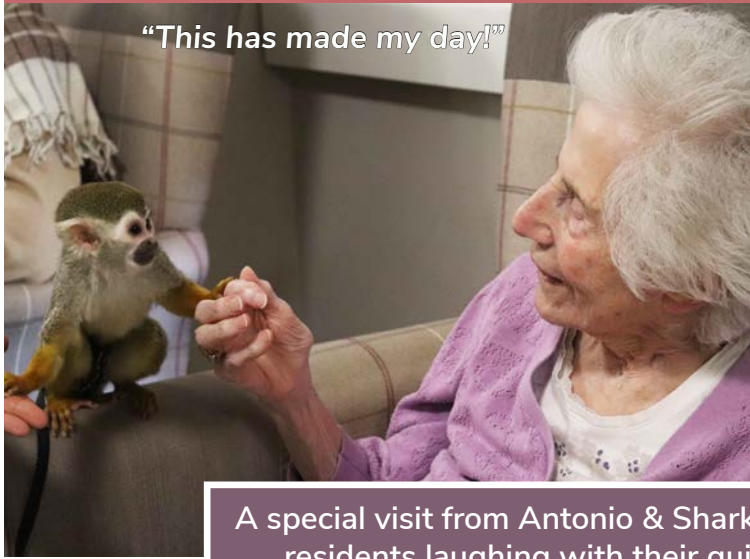
Happy reading!

Follow us on Facebook for regular activity updates @ForestCareLtd





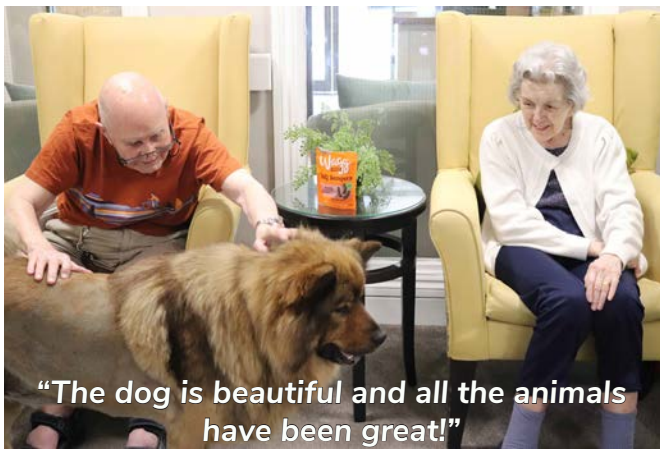
## Activities & Events at Cedar Lodge



"This has made my day!"



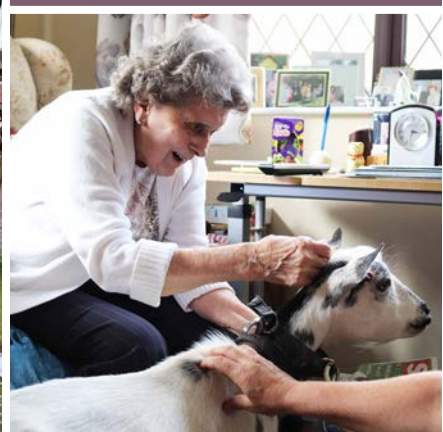
A special visit from Antonio & Sharky, two mischievous Squirrel Monkeys who had our residents laughing with their quirky personalities and love of bananas and nuts!



"The dog is beautiful and all the animals have been great!"



Rabbits, Dogs, Ducks, Donkeys and other animals visit us from Browells Wood and Ark Farm



## Activities & Events at Cedar Lodge



A spectacular 'Spoonful of Sugar' performance from Mini-Concerts and a visit from Abalicious!



Outdoor exercises & Planting for our veg patch!



Intergenerational Arts & Crafts and Manicures!



Florist Workshop with local Florist Ipek; "It was lovely to be able to support local residents!"



Derrick & Alan reminisce about their time in the Air Force at Aldershot Military Museum.



Comparing fashion eras, sharing stories and favourite styles from the M&S Archive.



"What a treat this Wimbledon Afternoon Tea is!"



'Time for a Cuppa' event raises £224.30 for Dementia UK!



## Activities & Events at Holly Lodge



A fabulous time celebrating the Olympics with a variety of competitive outdoor games and plenty of medals to be won!



Natasha performs a Rock n' Roll medley!



Music from The Sunshine Ukuleles followed by a delicious 'Time for a Cuppa' cream tea for Dementia UK



Herb planting & Sunshine!



VE Day celebrations in the garden with Lucy singing our wartime favourites



A trip out to the local garden centre



## Activities & Events at Holly Lodge



Abalicious visits Holly Lodge!



Manicures & Gardening Club



Tea at the pub with friends, and a wonderful lunch at The Lake House Eatery with beautiful views!



We get creative! Colourful scrapbook art, a 'Knit & Natter' session with patterns and wool textures, and making friendship bracelets in the sunshine!





## Activities & Events at Oak Lodge



A trip down memory lane with a beautiful wedding-themed dining experience.



Tea at Oakley Hall Hotel, celebrating Ascot Ladies Day, and baking cheesecake bites!



Manicures, bubbly & chocolates during Lara's Beauty Workshop! Margaret visits the Maize field whilst Alec photographs bluebells nearby

Sustainable crafts - animal planters with Junk Jodie!



Cuddly covies and a special visit from two cheeky squirrel monkeys!



## Activities & Events at Oak Lodge



Wearing flower headbands and Lei necklaces as we sang and danced to Abalicious!



An 'Over the Net' exercise session, a scenic boat trip along Henley-on-Thames and we're live on Basingstoke Hospital Radio!



A visit from the Carnival Dance Club



Enjoying the sunshine!



## Activities & Events at Rowan Lodge



On World Bee Day, Beekeeper Chris educated us about 'all things bees' followed by a quiz, tasting honeycomb and a slice of Olga's bee-autiful showstopper cake!



VE Day Celebrations!



We sang & danced our way into supper time with Abalicious! It was loud, bright and so much fun!



"Amazing!" "Fantastic!"  
"Really good voices!"



"Thank you for supporting us"

Visit to Basingstoke Hospital Radio! And we cheer at the Hook Fun Run!



Celebrating the 80<sup>th</sup> anniversary of D-Day with a delicious buffet & entertainment from the D-Day Dollies!



## Activities & Events at Rowan Lodge



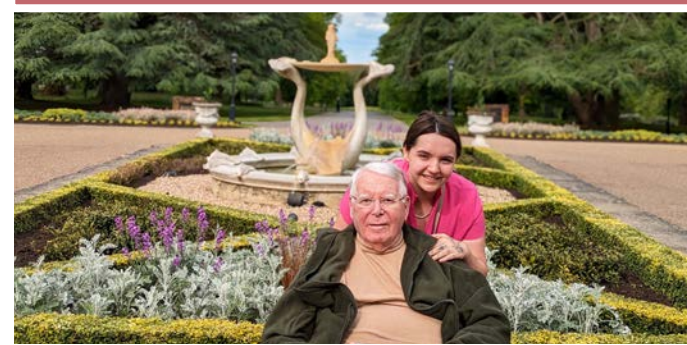
We welcomed the local community with our 'Big Lunch BBQ' kindly cooked by Chef Chris, followed by ice cream served from our new hut!



Music from Debi Hall!



Afternoon Tea at Tylney Hall Hotel and intergenerational time with local students



Colin shares his passion for birds of prey - details on their natural habitats, how they hunt...



"It was a wonderful experience."





## Summer Fetes at Forest Care



Residents and families enjoyed a variety of entertainment from country & western music and line dancing, to the Surrey Jivers and drumming band 'Raspo', along with delicious cream teas, ice cream, BBQs and hog roasts at our Summer Fetes! There were carnival games, arts & crafts for sale, tombolas, pinatas, face painting and plenty of raffle prizes to be won!



## Staff News & Celebrations



Forest Care staff complete Guildford's Inflatables 5k Challenge, raising £1,612 for Phyllis Tuckwell Hospice!



Activity Lead Wendy walked 31 miles for Dementia UK, Senior Carer Saga celebrates getting married, and Group Activity Lead Terri wins the 'Above & Beyond' category at Basingstoke's 'A Place to be Proud of Awards'!



Philippines Independence Day and Wendy's 32<sup>nd</sup> work anniversary.



We celebrated Carers Week & National Nurses Day with gifts, cake & bubbly!



### Some of our Upcoming Events...

22 Aug  
Neil Diamond Tribute  
at Cedar + Holly Lodge

22 Aug + 29 Aug  
Southsea Seaside  
Trip from Rowan Lodge

1 Sept  
Classic Car Event at  
Rowan Lodge

3 Sept  
'Wings of Freedom' at  
Cedar Lodge

14 Sept  
Odiham Canal Boat Trip  
Rowan Lodge

3 Oct  
'Mini Concerts' - Doris  
Day at Cedar Lodge

9 Oct  
The Ukeing Heads at  
Oak Lodge





## Scented Rose & Raspberry cake

### Ingredients:

175g Self-raising flour | 175g Unsalted butter, cut into small pieces & softened | 175g Caster sugar | 3 Medium eggs, lightly beaten | 250g Mascarpone | 150ml Double cream | Punnet of Raspberries | 3-4 tbsp Raspberry jam | 2 tbsp Fine white sugar | 1 tsp Rose extract | Pinch of salt

### Method:

1. Heat oven to 180°C / gas mark 4. Grease & line 2 x 8 inch tins.
2. Sift the flour and salt into a bowl and put aside. In a mixing bowl beat the butter and caster sugar until light and creamy.
3. Add the eggs, a little at a time, then add the rose extract. Sift in the flour, half at a time, and use a large metal spoon to carefully fold it in.
4. Divide the mixture equally between the tins. Bake in the centre of the oven for 25 minutes or until the cakes are lightly golden. Leave the cakes in the tins for a couple of minutes before turning them out onto a wire rack to cool completely.
5. Make the rose and mascarpone cream: Beat together double cream, mascarpone, and two drops of rose extract in a bowl with an electric mixer until smooth and creamy. Add the fine white sugar gradually, mixing continuously until frosting is smooth and stiff peaks form (about 5 minutes).
6. Spread raspberry jam on one cake, and add fresh raspberries. Spread half the mascarpone cream over the other cake and gently place on top of the raspberry layer. Spread the remaining cream mixture on the top and refrigerate until ready to serve.

Forest Care Award-winning Private Residential & Nursing Homes

0333 305 1785, [enquiries@forestcare.co.uk](mailto:enquiries@forestcare.co.uk)

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Forest Care Honey - created in our very own gardens and it tastes delicious! Available in all homes from early September.

9.9

Group review score on [Carehome.co.uk](https://www.carehome.co.uk)

“Cedar Lodge is a wonderful environment for everyone who stays or visits here. All the staff are amazing and clearly enjoy what they do, caring for the residents. It’s always a pleasure to visit.”

“Holly Lodge is an excellent dementia care home. The staff are brilliant - caring, friendly, and attentive. The activities and entertainment is engaging - you can see the resident’s enjoyment. Holly Lodge gives relatives ‘peace of mind’ that their loved ones are safe and well looked after.”

“Our mother came to Oak Lodge for 4 weeks respite and when we went to collect her to return home, she asked to stay. She had a new lease of life and had the best time. All the staff are like family to her. So much love and attention. Six months on and she is loving every minute. We can’t recommend this ‘home’ enough.”

“Mum moved into Rowan Lodge earlier this year, she has settled in very well and really likes the home and gardens. Rowan Lodge is clean, comfortable and light. The rooms are spacious and well-planned. The staff are all very caring, polite and will do anything to make Mum’s life happy and fulfilling.”

Opening Autumn 2024  
Brand New Luxury Residential Care Home  
Elm Lodge - Hartley Wintney, Hampshire

