



ELM LODGE

FOREST CARE

Sample Breakfast Menu

Your choice of Cereals

Cornflakes, Frosties, Rice Krispies, Fruit & Fibre, Weetabix or Muesli.

Fruit of your choice

Prepared Fresh Fruit, Grapefruit or Prunes

Porridge

Served with Honey, Sultanas, Coconut or Jam

A Full English Breakfast

Grilled Bacon, Eggs - Fried, Boiled, Poached or Scrambled
Grilled Sausage, Tomato, Mushrooms, Baked Beans

Toast & Preserves

Sliced white or brown with fruit jams, marmalade or Marmite, Flora or butter

Beverages

Fruit juice, tea, coffee or hot chocolate

At Forest Care we strive to create a **luxury dining experience** for each of our residents and relatives. If you would like a private dining space for a special occasion, please speak to the office team who will be delighted to accommodate your needs.

If you have specific allergy or dietary requirements, please make our chefs aware who will ensure food served is suitable for your needs.



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Sample Lunch Menu

Starter

Mediterranean Soup

Or

Peppered Mackerel Salad

Served with Melba Toast

Main

Roasted Honey Glazed Gammon

Served with Mustard Gravy

Or

Nut Roast

Served with Vegetable Gravy

Roast Potatoes

Red Cabbage

Roasted Brussel Sprouts

Dessert

Peach & Almond Cobbler

Served with Custard

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Sample Supper Menu

Starter

Creamy Broccoli & Stilton Soup

Main

Chicken Fricassee

Served with Parsley Rice

Or

Selection of Sandwiches

Dessert

Vanilla Cheesecake

Served with Mixed Berry Compote

Beverages

Your Choice of

Selection of Fruit Juices

Tea and Coffee

Red Wine (Merlot) or White Wine (Sauvignon Blanc)

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