



FOREST CARE

CARING SINCE 1981

Newsletter

Autumn 2024

Welcome to our latest newsletter which highlights some of the wonderful activities, events and celebrations taking place across our Forest Care homes. We're also delighted to introduce our brand new residential care home, Elm Lodge, in Hartley Wintney!

On the back page, there is feedback from our residents' families, and a delicious recipe to try at home.

Happy reading!

Follow us on Facebook for regular activity updates @ForestCareLtd



Activities & Events at Cedar Lodge

Cedar Lodge's 'Olympic Games' – archery, lawn darts, shot put, frisbee and target shooting! Our Mr Billing carried the torch. We braved the rain and then the sunshine came. A fabulous afternoon enjoyed by everyone with plenty of medals!



Residents & Relatives enjoy a performance from a local brass band - the Camberley & District Silver Band in the garden at Holly Lodge



A Tom Jones tribute act!



Birds of Prey visit Cedar Lodge! Colin shared details on their natural habitats, what they like to eat and how he rescued the birds.



Our residents celebrate Afternoon Tea Week



Activities & Events at Cedar Lodge

"I loved being in the fresh air and the sun was just lovely"



Trips out - a relaxing river cruise from Dapdune Wharf and a visit to the beautiful Lavender Fields



"Thank you so much for doing this for us, we really appreciate it."

Sparkling Afternoon Tea to celebrate wedding anniversaries. Congratulations to John & Ann - 59 yrs, Brian & Wendy - 66 yrs, Paul & Mary - 66 yrs!



A Doris Day performance from Emily, and we get crafty with poppy lanterns for Remembrance Day

Cedar Lodge raised a fantastic £388.65 for Macmillan Cancer Support with a Coffee Morning & delicious homemade cakes!



"I have only one word - fantastic!"

Activities & Events at Holly Lodge



Animal therapy with Cuddly Cavies and a trip out to Long Acres



Plenty of live musical entertainment at Holly Lodge - Nostalgic tunes from the 1950s & 60s with Beccy and Katie, a Neil Diamond tribute act, and an interactive workshop with Amy from 'Music for Health'!



Resident Peter received a special visit from The Lions Club, with a presentation to celebrate his service!



"I thank you, this was such a wonderful occasion, I could not believe it!"

Activities & Events at Holly Lodge



"This is so important to us, giving to those who need it most"

Our Activities Team collect donations for the Mytchett Community Centre Food Bank. Thank you so much for your generosity!



Beauty sessions and pumpkin carving!

40 members of Camberley Rock Choir perform songs from Guns N' Roses and Wham! Beautiful voices, and the atmosphere was electric!

Stencil scratch art with Creative Mojo



Holly Lodge raised £207.33 on Macmillan Coffee Day with plenty of scrumptious cakes!

We celebrated Bonfire Night with a musical sparkler display, whilst our residents held colourful LED batons!



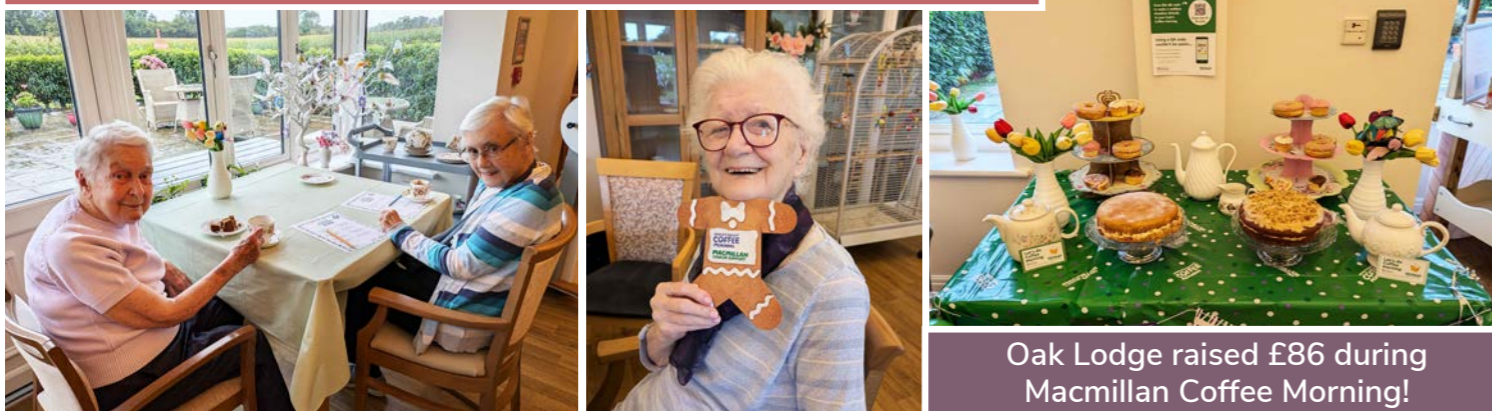
Activities & Events at Oak Lodge



Intergenerational time with the Caterpillar (baby & toddler) Music Group



Sunny walks around Oakley and a trip to the Sunflower fields!



Oak Lodge raised £86 during Macmillan Coffee Morning!



We enjoy a Vintage Car Show in our Car Park! A big thank you to those who brought their car along!



Theresa hosts a 'Make do & Mend' sewing session - making pumpkins and rosettes

Activities & Events at Oak Lodge



Motown Singers!

Oak Lodge and Rowan Lodge residents come together at Tylney Hall Hotel for a special Afternoon Tea!



Making witch brooms & writing beautiful cards for world gratitude day.



Tea, cake & a catch-up at Oakley Hall Hotel

Autumnal florist workshop with Nicci-Gs!



A 'Showtime at the Musicals' performance from Tiz at the Yellow Brick Theatre Company!

Activities & Events at Rowan Lodge



A trip to the Rotherwick Patch to see and touch the beautiful sunflowers



An Autumn themed afternoon with a fun photoshoot followed by a delicious afternoon tea!



Happy Hour! and Reminiscence - looking at items from the M&S Archive.



We celebrated Oktoberfest with singer Joanna Henwood. Our Baker, Olga, made delicious pretzels served with German sausage hot dogs, jacket potatoes, sauerkraut and of course, beer!



A special visit from Antonio & Sharky, two mischievous Squirrel Monkeys who had our residents laughing with their quirky personalities!

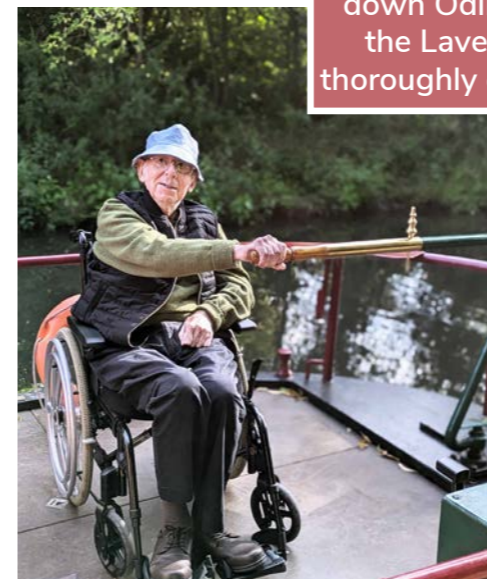
Activities & Events at Rowan Lodge



Motown singers, a trip down Odiham Canal & the Lavender Fields thoroughly enjoyed by all!



Residents attend a 'Sing for Memories' event within our local community aimed at people living with dementia



Residents enjoy a 'Night in at the Opera' themed dining experience with Joanna Henwood!



"They are amazing dancers!"



Classic Car Event with Surrey Jive performing 1940s & 50s swing dances!



A scrumptious Afternoon Tea at Tylney Hall Hotel to celebrate Afternoon Tea Week!

Elm Lodge - Our Brand New Care Home - Now Open!



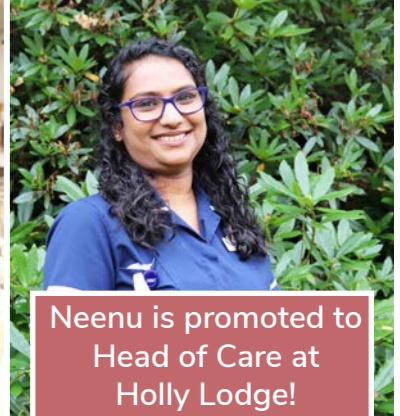
Staff News & Celebrations



Our staff celebrate Frank & Mark's 60th birthdays at Oak Lodge and Cedar Lodge!



Oak Lodge & Cedar Lodge celebrate long serving employees with their Years of Service Awards. Cedar Lodge also celebrated their 35th Anniversary!



Neenu is promoted to Head of Care at Holly Lodge!



Congratulations to Wendy, Shelley, Terri and Jacqui who are all Finalists for the NAPA Activity Awards 2024! Best of luck for the awards night in January!



Congratulations to our Marketing Assistant Zara, for achieving a Distinction in her Professional Marketing Qualification, and to Sona for completing her Nursing Degree!



Wendy Watmore Lifetime Achievement Award



Shelley Jouhning Rising Star Award



Terri Eakins Leadership Award

Jacqui Vickery Unsung Hero Award

Some of our Upcoming Events...

1 Dec
Rowan Lodge
Winter Fayre

2 Dec
Festive Fun Day
at Cedar Lodge

6 Dec
Cedar Lodge
Christmas Market

7 Dec
Holly Lodge
Winter Fayre

8 Dec
Royal British Legion
Band & Choir at Oak
Lodge

13 Dec
Elm Lodge
Christmas Panto



Cozy Autumn Spice Pumpkin Soup

Ingredients:

1 Pumpkin (peeled, deseeded & chopped) | 2 tbsp Olive Oil | 1 Medium Onion (chopped) | 3 Garlic Cloves (chopped) | 1 tsp Grated Ginger | 1 tsp Mixed Spice | 600ml Vegetable Stock | 100ml Double Cream | Sea Salt & Black Pepper

Method:

1. Heat the olive oil in a saucepan and gently fry the chopped onion until soft. Add the chopped garlic and grated ginger and fry for 1 minute.
2. Add the chopped pumpkin to the mixture for 10 minutes, stirring occasionally until the pumpkin starts to soften and has a nice golden colour.
3. Pour in the vegetable stock, add the mixed spice and bring the mixture to the boil. Then simmer for 20 minutes until the pumpkin is really tender.
4. Blend the soup until smooth. Add the double cream and a little more of the vegetable stock if the soup is on the thick side.
5. Taste for seasoning, adding salt and pepper as required. Ladle the soup into a bowl and serve with a swirl of cream.



Forest Care Award-winning Private
Residential & Nursing Homes
0333 305 1785, enquiries@forestcare.co.uk
Follow us on Facebook: @ForestCareLtd



Forest Care Honey - created in our very own gardens and it tastes delicious! Available at Cedar, Holly, Oak and Rowan

9.9

Group review score on [Carehome.co.uk](https://www.carehome.co.uk)

“We have no doubt the level of care and compassion they provide is the reason she is with us today. Her quality of life is far better - varied and stimulating and she is very happy to call it “home”. It gives our family great comfort knowing they are providing the best care she needs at this time of her life. We highly recommend Cedar Lodge.”

“Fantastic home, with fantastic staff. I can’t praise it highly enough. My wife is so well cared for. The home is always immaculate. The staff are always friendly and welcoming. I really couldn’t have found a better home for my wife.”

“On entering Oak Lodge, beautiful gardens lift your spirits. Inside is clean and bright everywhere. Home-made cake mid-afternoon. There’s plenty of fun too; one day two penguins came to visit and one called Widget sat on Dad’s lap. Then they waddled off to explore the home! As Dad said: ‘At Oak Lodge you can still have amazing new experiences even when you’re 93!’

“My mum has been at Rowan Lodge for 5 months and the level of care she has experienced has been exceptional. It is extremely well-staffed, and nothing is too much trouble. On my many visits to see mum, I have only witnessed a high level of care and attention to all the residents.”

Meet our New Team at Elm Lodge! Visit www.forestcare.co.uk/homes/elm-lodge/

